



# Healthy Eating

What we put in the food bowl is the most important  
Health decision we will make for our pets!

Eating healthy is not easy, but the more we do it for ourselves and our pets the better off we are. Feeding/eating as much **NON PROCESSED** food as possible should be our goal.

A healthy diet for you and your pet will help to maintain a healthy way of life, for years to come.

- 1.) Crock Pot diet / Table food
  - With appropriate Standard Process supplements
- 2.) Commercial cooked diet
- 3.) Dehydrated Raw diet
- 4.) Freez Dried Raw diet
- 5.) Raw diet

Do your own research and decide what option is best for your pet, and that will fit your lifestyle. The above-listed categories include multiple brands. With each brand preparation can vary as well as price.

Visit our website [Pawshealthwellness.com](https://pawshealthwellness.com) for a partial list of recommended diets, along with at home recipes.

